

# HURRICANE SUPPLIES

## HURRICANE KIT

Assemble this now. Put aside in a special box. Keep heat-sensitive items inside home and rotate stock throughout season:

- Flashlights and extra bulbs
- Clock (wind-up or battery-operated)
- Battery-operated radio
- NOAA emergency weather radio
- Extra batteries
- Toilet paper
- Matches (camping stores have waterproof matches)
- Scissors
- Plastic garbage bags
- Working fire extinguisher
- Clean change of clothes, rain gear, sturdy swamp boots
- Fully charged battery-operated lanterns. Don't use candles and kerosene lanterns. They are fire hazards.
- Map of the area
- List of phone numbers
- Copy of insurance policy

## FOOD SUPPLIES

- Get enough nonperishable foods now to last two weeks. Then put them in a box and leave them alone. Note: Canned and other prepared foods that are salty or dry or high in fat or protein might make for good provisions, but they'll also make you thirsty.
- Water: Enough for 1 gallon of drinking water per person/per day, for one-week minimum. Water for two weeks is ideal. (Also, figure another 1 gallon per person/per day of water for washing hands, flushing toilets and for pets.)
- Ice or dry ice
- Shelf-stable milk and juice boxes
- Canned and powdered milk
- Beverages (powdered or canned, fruit juices, instant coffee, tea)
- Raw vegetables that don't need refrigeration (will last only a few days)
- Canned vegetables and fruits
- Dried fruits
- Prepared foods (canned soups, beef, spaghetti, tuna, chicken, ham, corned beef hash, packaged pudding)
- Snacks (crackers, cookies, hard candy, unsalted nuts)
- Snack spreads (peanut butter, cheese spreads, jelly)
- Cereals

# HURRICANE SUPPLIES

- Sugar, salt, pepper
- Bread
- Dry and canned pet food

## **HARDWARE**

- Hand tools: hammer, screwdrivers to use now, shovel and pickax for after the storm
- Power screwdriver
- Quarter-inch machine screw sockets and screws
- Plastic sheeting to cover furniture
- Rope
- Sturdy working gloves
- Duct tape to waterproof items; masking tape isn't strong enough
- Canvas tarps
- Sturdy nails

## **FIRST-AID KIT**

Drugstores will be mobbed just before a storm and closed for days after. Keep a two-week supply of prescription drugs. Your first-aid kit should include:

- Medical supplies
- First-aid handbook
- Insect repellent sprays
- Citronella candles, insect bite lotion
- Petroleum jelly, for relieving itching
- Ointments for burns, cuts
- Antiseptic solution
- Sunscreen
- Extra over-the-counter medicine (for colds, allergies, cough)
- Aspirin, acetaminophen, antacid
- Children's medicines
- Diarrhea medication
- Feminine hygiene items
- Incontinence supplies
- Rubbing alcohol
- Iodine
- Disinfectant
- Wet wipes
- Moist towelette packets

## **HURRICANE SUPPLIES**

- Medic Alert tags
- Thermometer
- Hypoallergenic adhesive tape
- Cotton-tipped swabs
- Sterile rolls
- Adhesive bandages
- Sterile gauze pads
- Roller bandages
- Tweezers
- Needles
- Adhesive tape
- Safety pins
- Latex gloves

### **KITCHEN SUPPLIES**

- Waterless hand sanitizer
- Manual can opener
- Water purification tablets
- Bottle opener
- Matches in a plastic bag
- Pocket knife
- Camp stove or other cooking device and plenty of fuel. (Use only canned fuel indoors — never charcoal or gas. Buy extra gas or charcoal to use in well-ventilated space after storm has passed.)
- Ice chests or coolers
- Paper plates, napkins
- Plastic cups, utensils
- Disposable pans for cooking
- Plastic bags, jugs or containers for water and ice

### **EMERGENCY TOILET**

- Garbage can with tight lid
- Plastic bags for liners
- Disinfectant or bleach
- Deodorizer
- Extra toilet paper